



Felsted

CO-CURRICULAR POLICY

SENIOR SCHOOL

Committee normally reviewing:	Senior Leadership Team
Date last formally approved by the Governors:	Autumn Term 2020
Date policy became effective:	October 2017

Period of Review:	2 Years
Next Review Date:	Autumn Term 2022

Person responsible for implementation and monitoring:	Senior Deputy Head Assistant Head (Staff and Co-Curricular) Directors of Drama, Music and Sport CCF Contingent Commander Dof E Coordinator
Other relevant policies:	

The following Policy encompasses the Aims and Ethos of the Senior School

Mr Chris Townsend
Head, Senior School

[Aims and Ethos](#)

SAFEGUARDING STATEMENT

Felsted is committed to maintaining a safe and secure environment for all pupils and a 'culture of vigilance' to safeguard and protect all in its care, and to all aspects of its 'Safeguarding (Child Protection and Staff Behaviour) Policy'.

EQUAL OPPORTUNITIES STATEMENT

The aims of the School and the principles of excellent pastoral care will be applied to all children irrespective of their race, sex, disability, religion or belief, sexual orientation, gender reassignment or pregnancy or maternity; equally these characteristics will be recognised and respected, and the School will aim to provide a positive culture of tolerance, equality and mutual respect.

Co-Curricular Policy

1. Introduction

The varied and challenging Co-Curricular programme is an integral part of the All Round Education that is at the heart of the Felsted experience. Such a programme offers students the opportunity to develop their characters as well as practical, social and leadership skills, which will allow them to flourish during their time at Felsted and their future lives. The school is committed to the promotion of a broad range of Co-Curricular opportunities in order to ensure that students can tailor their experience and involvement (guided by their Tutor) to allow them to develop existing skills and challenge themselves with new experiences.

2. Sport Options

Felsted has a reputation as an outstanding sporting school; students take sport seriously and there are excellent facilities and coaching. Conducting oneself in a sporting manner is regarded as important as sporting success and forms an important part of the sports coaching. Regardless of ability, the school aims to ensure that all students will derive enjoyment from their sport. Students are expected to take part in the sports programme on three afternoons per week as a core requirement; students in teams will select a fourth sport session as one of their options.

Each term there is a core team sport for boys and girls as follows:

Term	Boys	Girls
Autumn	Rugby	Hockey
Spring	Hockey	Netball
Summer	Cricket/Tennis	Cricket/Tennis

Students' needs and talents are catered for with additional sport options such as:

- Athletics
- Aerobics
- Badminton
- Fitness Training
- Football
- Golf
- Running
- Shooting
- Swimming
- Squash
- Yoga

The Sport and timetabled PE programme at Felsted aims to introduce pupils to a range of sports, to produce competitive school teams and to teach them the importance of sport for health, physical fitness and recreation.

3. Volunteering, Service and Leadership Options

- Duke of Edinburgh Award
- Combined Cadet Force
- Junior Leaders
- Volunteering
- CAS (Creativity, Action & Service)
- Felsted's Partner Charities
- Round Square
- Model United Nations

In line with our ethos, the promotion of community spirit and willingness to work hard to 'give back', it is expected that all students will partake in at least one of the above options during their time at Felsted.

4. The Arts

- Music
- Drama
- Dance
- Art
- Design & Technology

Many students will arrive at the Senior School with a prior scholarship in one of The Arts or be awarded one upon entry; it is important that scholars are offered protected time to develop their talents. Additionally, all students are encouraged to take part in a varied arts programme which includes, but is not limited to, Life Drawing, Orchestra, Choir and Whole School Theatre Productions, with open invitations or open auditions.

5. Creativity & Skills-based options

A carousel of options are offered to Lower School students; across the year they will undertake a number of activities as part of the following groupings:

- Internationalism
- Skills
- Democracy
- Creativity
- Service & Environmentalism

Students are in mixed House and Year groups and take part in each group for 6 weeks; as the activities within the groups operate at various times during the week students, including the Sixth Form students, can always join a group and pursue their interest if they wish after their trial period.

The groupings tie in with the Felsted Diploma and are designed to encourage students to experience a broad range of skills and activities.

We also provide Cookery sessions for students on a rotational basis as this continues to prove a popular item.

Options will vary from year to year in order to utilise the talents and interests of staff members and to respond to the interests and talents of students where possible. Students may take part in one of these options to fulfil the Skills section of their Duke of Edinburgh award.

6. Private Arrangements

On occasion, it is not possible for the school to offer a suitable activity for the needs and desires of students. This will be due either to a lack of appropriate on-site facilities and/or the lack of appropriately trained and qualified staff; in most cases, these students tend to be National Level sportsmen and women, including riders. In these cases, the school will investigate the possibility of on-site provision but will allow the student to make a private arrangement for training off-site during the usual co-curricular times if this is not possible.

Where possible we will investigate student preferences for activities, utilising the expertise of external staff if necessary and financially viable, where there is sufficient demand for a specific activity.

7. Academic Enrichment

Felsted School aims to provide opportunities through the co-curricular programme for students to enhance their academic experience. This may be through the provision of weekly sessions such as:

- Fluent Speakers
- Mandarin
- CREST Award
- Greek GCSE

Alternatively, through ad-hoc events, competitions and trips that may be organised and led by Departments. These may include:

- Theatre, Museum, Gallery and Field-Centre Trips
- National Essay competitions
- National Poetry Day entries
- Inter-house events

Such events and opportunities will be advertised via Departments, Houses and Headman's and should entail an open and fair recruitment.

Additionally, students may apply to become a member of the Roberts Society (Lower School) or Andrews Society (Sixth Form); these societies offer a range of opportunities for students to stretch themselves academically. The application processes may involve interviews, presentations, essay or project based applications; the application processes and timings for any given year will be advertised to the whole school and applications are welcomed from all students.

In the Sixth Form, students will partake of the Careers programme, focussing on employability and a range of opportunities to help students connect with their academic, career and other interests.