



Sun Protection Policy

**COVERING FELSTED PREP SCHOOL
INCLUDING EYFS AND BOARDING**

Governors' Committee normally reviewing:	FPS Leadership Team
Date last formally approved:	Autumn 2018
Date policy became effective:	April 2007

Period of Review:	2 Yearly
Next Review Date:	Autumn 2020

Person responsible for implementation and monitoring:	The Head, HOPs & Head of PSHE
Other relevant policies:	PSHE Policy, Safeguarding (Child Protection and Staff Behaviour) Policy, Educational Visits Policy

The following Policy covers the Aims and Ethos of the Prep School

**Mr Simon James
Head, Felsted Prep School**

[Aims and Ethos](#)

SAFEGUARDING STATEMENT

Felsted is committed to maintaining a safe and secure environment for all pupils and a 'culture of vigilance' to safeguard and protect all in its care, and to all aspects of its 'Safeguarding (Child Protection and Staff Behaviour) Policy'.

EQUAL OPPORTUNITIES STATEMENT

The aims of the School and the principles of excellent pastoral care will be applied to all children irrespective of their race, sex, disability, religion or belief, sexual orientation, gender reassignment or pregnancy or maternity; equally these characteristics will be recognised and respected, and the School will aim to provide a positive culture of tolerance, equality and mutual respect.

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Policy Aim

'Recognising the danger of over exposure to the sun, we are committed to ensuring that pupils receive appropriate education and are protected from over exposure to the sun at School and on School trips. It is our aim to teach life-long healthy attitudes to enjoying the sun. The School intends to achieve these aims by providing good education and appropriate protection.'

Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. The majority of these cases could be prevented. Most skin cancers are caused by UV radiation from the sun. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged. Sunburn in childhood can double your risk of skin cancer. You will not see the damage immediately because skin cancer can take years to develop. But children who are exposed to the sun now are storing up problems for the future.

Policy Objectives

What do we want to achieve?

- To ensure understanding about the danger of over exposure to the sun through education.
- To ensure protection from over exposure to the sun through putting appropriate protective measures in place.

Guidelines

How are we going to meet our objectives?

1. Education

- Create a partnership between pupils, parents and staff by sharing information and building good practice at home and School.
- All pupils will have at least one SUNSMART lesson per year to emphasise the slip, slap, slop, slurp approach
- The Head will raise SUNSMART issues in assemblies in the Summer Term.
- Parents and guardians will be reminded about sunscreen and the appropriate School headwear for their children..

2. Protection

- *Shade:* There are plenty of trees and two covered play areas to provide shade. On sports day parents should bring umbrellas to ensure plenty of shade.

- *Clothing*: Children are asked to buy the legionnaire style hats in the Pre Prep School and caps in the Prep School. Teachers are asked to wear appropriate clothing during games and playground duty and support this policy in what they wear.
- *Sunscreen*: All pupils are asked to have a named tube of their own waterproof sunscreen (at least factor 30) in School. Pupils will be taught how to apply it to themselves and to ask a friend to apply it to parts of their anatomy which they cannot reach. This will be monitored by staff.
- *Use of sunscreen* will be promoted on shirt sleeve order days and on school trips. Teachers will have extra sunscreen in case the pupil runs out or forgets their own. Parents will be asked to inform the School if their child is allergic to sunscreen or any particular sunscreen.
- *Drink lots of water* will be promoted as a key part of staying hydrated on hot and sunny days.

Monitoring and Evaluation

How do we know our objectives are being met?

Outcome evaluation: Measure progress on an annual basis in terms of:

- a) Children will be able to answer age appropriate questions about the dangers of over-exposure to the sun and will have a sensible attitude towards exposure to the sun. (This will be evident through the use of shade, the clothing people wear and possession and use of sunscreen.)
- b) There will be no cases of sunburn.

Process Evaluation:

Elicit feedback from pupils, staff and parents to ascertain what worked for whom and what circumstances.

Report on progress periodically to relevant parties, capture lessons learnt and review policy in light of improvements.

This Policy is evaluated in accordance with the School's Evaluation Cycle and the header at the top of this Policy.