PRE-SEASON TRAINING

Girls' Hockey

Tuesday 29th August - Friday 1st September (9:30 - 11:30am)

We will be holding a pre-season hockey camp at the end of the summer holidays once the senior hockey squad has returned from their tour to Holland. All pupils are welcome to attend these sessions regardless of ability and previous experience.

Year 9 and 10 pupils should meet at the Cockett Astro (the pitch furthest from Follyfield House) and year 11, 12 and 13 pupils should meet at the Philipp's Astro (the pitch nearest to Follyfield House). Pupils do not have to wear Felsted sports kit, but can do so if they wish.

If your daughter would like to attend the pre-season camp please can I ask you to complete this google form so I can confirm numbers for each session.

Girls Hockey Pre Season Camp 2023

We are also hoping to play a pre-season squad match, more details to follow. If you have any further questions regarding the arrangements, please do not hesitate to contact me.

Jo Westwood, Director of Hockey Performance jorw@felsted.org

Boys' Rugby

U14's Training Session

In preparation for our next rugby season, I will be holding our annual 1st XV Squad Rugby Pre-Season Camp at the end of the summer holiday. It will take place from **Monday 21st August** to Friday 25th August then restart after the Bank Holiday Weekend on Tuesday 29th August to Friday 1st September from 09:30 to 16:00 each day, I am hoping to end with a pre-season squad match on Saturday 2nd September, details to follow.

I will keep you up to date if things change but for now please can you save the dates and look out for further information about the camp.

Thank you in advance for your continued support of Felsted Rugby.

Andrew Le Chevalier, Director of Rugby alc@felsted.org / 07801 341075